附件3

陕西省初中毕业生升学体育统一考试

内容及成绩转化标准

一、男生项目考试成绩评定

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| 项目  分值 | 1000米跑  (分秒) | 游泳  (分秒) | 立定  跳远  (厘米) | 50米跑  （秒） | 引体  向上  （次） | 前掷  实心球  （米） | 篮球  （秒） | 排球  40秒/次 | 足球  （秒） |
| 100 | 3'40" | 4'48'' | 250 | 7.3 | 15 | 9.6 | 20 | 45 | 7.5 |
| 95 | 3'45" | 5'00'' | 245 | 7.4 | 14 | 9.3 | 21 | 43 | 8.4 |
| 90 | 3'50" | 5'12'' | 240 | 7.5 | 13 | 9 | 22 | 40 | 9.4 |
| 85 | 3'57" | 5'24'' | 233 | 7.6 | 12 | 8.7 | 23 | 37 | 10.1 |
| 80 | 4'05" | 5'36'' | 225 | 7.7 | 11 | 8.4 | 24 | 34 | 10.8 |
| 78 | 4'10" | 5'48'' | 221 | 7.9 |  | 8.1 | 25 | 31 | 11.6 |
| 76 | 4'15" | 6'00'' | 217 | 8.1 | 10 | 7.8 | 27 | 29 | 12.4 |
| 74 | 4'20" | 6'12'' | 213 | 8.3 |  | 7.5 | 29 | 26 | 13.2 |
| 72 | 4'25" | 6'24'' | 209 | 8.5 | 9 | 7.2 | 31 | 23 | 14.1 |
| 70 | 4'30" | 6'36'' | 205 | 8.7 |  | 6.9 | 33 | 20 | 14.5 |
| 68 | 4'35" | 6'48'' | 201 | 8.9 | 8 | 6.6 | 35 | 18 | 14.7 |
| 66 | 4'40" | 7'00'' | 197 | 9.1 |  | 6.3 | 37 | 16 | 14.9 |
| 64 | 4'45" | 7'12'' | 193 | 9.3 | 7 | 6 | 39 | 14 | 15.1 |
| 62 | 4'50" | 7'24'' | 189 | 9.5 |  | 5.7 | 41 | 12 | 15.3 |
| 60 | 4'55" | 7'36'' | 185 | 9.7 | 6 | 5.4 | 43 | 10 | 15.5 |
| 50 | 5'15" | 7'48'' | 180 | 9.9 | 5 | 5.1 | 45 | 8 | 15.7 |
| 40 | 5'35" | 8'00'' | 175 | 10.1 | 4 | 4.8 | 47 | 6 | 16 |
| 30 | 5'55" | 8'12'' | 170 | 10.3 | 3 | 4.5 | 49 | 5 | 16.5 |
| 20 | 6'15" | 8'24'' | 165 | 10.5 | 2 | 4.2 | 51 | 4 | 17 |
| 10 | 6'35" | 8'36'' | 160 | 10.7 | 1 | 3.9 | 53 | 3 | 17.5 |

二、女生项目考试成绩评定

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| 项目  分值 | 800米跑  (分秒) | 游泳  (分秒) | 立定  跳远  (厘米) | 50米跑  （秒） | 一分钟  仰卧起坐  （次） | 前掷  实心球  （米） | 篮球  （秒） | 排球  40秒/次 | 足球  （秒） |
| 100 | 3'25" | 5'08'' | 202 | 7.9 | 52 | 6.7 | 26 | 40 | 8.1 |
| 95 | 3'32" | 5'20'' | 196 | 8 | 50 | 6.5 | 27 | 38 | 10.2 |
| 90 | 3'39" | 5'32'' | 190 | 8.1 | 48 | 6.3 | 28 | 35 | 12.3 |
| 85 | 3'47" | 5'44'' | 183 | 8.4 | 45 | 6.1 | 30 | 32 | 13.6 |
| 80 | 3'55" | 5'56'' | 176 | 8.7 | 42 | 5.9 | 32 | 29 | 14.9 |
| 78 | 4'00" | 6'08'' | 173 | 8.9 | 40 | 5.7 | 34 | 26 | 16.2 |
| 76 | 4'05" | 6'20'' | 170 | 9.1 | 38 | 5.5 | 36 | 23 | 18 |
| 74 | 4'10" | 6'32'' | 167 | 9.3 | 36 | 5.3 | 38 | 20 | 19.8 |
| 72 | 4'15" | 6'44'' | 164 | 9.5 | 34 | 5.1 | 42 | 18 | 21.6 |
| 70 | 4'20" | 6'56'' | 161 | 9.7 | 32 | 4.9 | 46 | 16 | 21.9 |
| 68 | 4'25" | 7'08'' | 158 | 9.9 | 30 | 4.7 | 50 | 14 | 22.1 |
| 66 | 4'30" | 7'20'' | 155 | 10.1 | 28 | 4.5 | 54 | 12 | 22.4 |
| 64 | 4'35" | 7'32'' | 152 | 10.3 | 26 | 4.3 | 58 | 10 | 22.7 |
| 62 | 4'40" | 7'44'' | 149 | 10.5 | 24 | 4.1 | 62 | 8 | 23 |
| 60 | 4'45" | 7'56'' | 146 | 10.7 | 22 | 3.9 | 66 | 7 | 23.3 |
| 50 | 4'55" | 8'08'' | 141 | 10.9 | 20 | 3.7 | 70 | 6 | 23.6 |
| 40 | 5'05" | 8'20'' | 136 | 11.1 | 18 | 3.5 | 74 | 5 | 23.9 |
| 30 | 5'15" | 8'32'' | 131 | 11.3 | 16 | 3.3 | 78 | 4 | 24.2 |
| 20 | 5'25" | 8'44'' | 126 | 11.5 | 14 | 3.1 | 82 | 3 | 24.7 |
| 10 | 5'35" | 8'56'' | 121 | 11.7 | 12 | 2.9 | 86 | 2 | 25.2 |